

## Lead Youth Worker (2 posts available) Job Description

### Aim of the Post:

An exciting opportunity has arisen as a result of a partnership between Youth Focus North East (YFNE) and the Newcastle Hospitals NHS Foundation Trust (NUTH). NUTH have identified a new role for two youth workers to work with young people and young adults (age 16 -25) with Diabetes. This is part of an exciting project funded by NHS England to transform the long-term health and social outcomes of young people with Diabetes. Newcastle is a pilot site to explore what approaches are the most effective and the youth workers, working as part of this project, will have to opportunity to build an evidence base to demonstrate the value of youth workers as an enabling factor in the improvements of long-term clinical outcomes. It is hoped that this may potentially lead to the expansion of youth worker provision for similar groups throughout the NHS.

The youth worker will help promote the social development of young patients via a range of activities, which will combine education with enjoyment, challenge resilience and learning. The overall aim of this project is to empower the service user's own diabetes self-management skills and improve their long-term outcomes. It is widely recognised that many young people with diabetes struggle during the period of transition from Children to Adult services. The reasons for this are complex and multi-factorial and often include social barriers, disengagement, and lack of resource. The youth workers will improve the advocacy for groups of patients currently under represented, assist in the transition to adult care, accompany young people to hospital appointments and undertake advocacy work in outpatient's clinics, GP surgeries and in the community etc. The youth worker will work with young people in both in a clinic outpatient setting and use community services and activities ensuring a smooth transition from children to adult diabetes hospital care teams.

### Responsible to:

- Director of Youth Programmes (YFNE) and Research and Innovations Manager (GNCH)

The youth worker will work as part of the Diabetes Transition multidisciplinary team within Newcastle Hospitals NHS Trust.

### Salary:

£24,122 per annum

24-month initial contract

## Main Duties and Responsibilities:

The following is typical of the range of duties the youth worker will be expected to perform. It is not necessarily exhaustive and other duties of a similar nature and level may be required.

- Effective planning of a range of different high quality work with young people.
- Delivery of high-quality face to face work with young people using a range of engagement methods.
- Encourage and support young people to manage their own diabetes effectively and safely by taking on an active role within the diabetes outpatient clinics, the wider hospital and community.
- Value and promote diversity and inclusion in the development and delivery of the programme.
- To work within an anti-discrimination framework.
- Implement a range of informal research and consultation methods to highlight the actual experiences and/or needs of young people.
- Identify and provide young people with appropriate information, support and signposting relating to the issues that impact on their lives.
- Manage time and resources effectively.
- Work closely with other youth workers within NUTH and young people's support workers such as Newcastle United Foundation, Durham Cricket workers, music and arts therapists and link workers.
- Effective data collection, monitoring and evaluation in line with organisational and funding requirements.
- Ensure safeguarding of all young people involved in NUTH and YFNE programmes.
- Maintain effective relationships with key individuals within the venues where work takes place.
- Work to conditions set out by partner organisations where we deliver services.
- Attend regular Diabetes Transition multidisciplinary team (MDT) meetings and network forums as directed.
- Work as part of the Diabetes Transition MDT to identify service users that would benefit from additional support.
- Produce written reports, updates and high quality risk assessments.
- Commit to continuing professional development to meet changing demands of the job and participate in appropriate training activities.
- Any other reasonable duties as identified by the Chief Executive and appropriate to the level and grading of the post.
- Adhere to all Newcastle upon Tyne Hospitals Trust Policies including, health and safety, safeguarding, confidentiality and undertake mandatory training as required.

## Person Specification

Essential	Desirable
Minimum Level 3 Qualification in Youth Work or related profession	Experience of developing and delivering training
Minimum of three years' experience of working with young people aged between 11 – 25 years	Working with young people from specific interest groups such as mental health services, NEETS etc.
	Experience of working at a regional level
Ability to relate to young people	Experience of coordinating and delivering programmes to young people including meeting targets and deliverable outcomes
Ability to engage, support and motivate young people using a range of methods	Experience of the development and delivery of participation work with young people
Knowledge and understanding of issues facing young people	Knowledge of regional/local networks, structures and initiatives Knowledge of government policy structures and initiatives in relation to young people
Positive and self-driven, able to work independently and as part of a team	
Ability to prioritise effectively and enjoy multitasking in a busy environment	
Commitment to, and understanding of principles of participation	Knowledge of the UN Convention on the Rights of the Child
Ability to communicate effectively and relate to a range of stakeholders, external partners, and, particularly the statutory and voluntary youth sector	
Good organisation and administration skills in proficiency in IT	
	Current driving licence/able to meet the travel requirements of the post. *We understand that under certain circumstances you may not have a full driving license, e.g. registered disabled. As the role requires travel, demonstrating a means of appropriate mobility is essential.
Willingness to flexible hours, including evenings and weekend	

## Personal Qualities

<ul style="list-style-type: none"><li>• Innovative and creative with a 'can do' approach.</li></ul>
<ul style="list-style-type: none"><li>• Friendly, outgoing, and confident.</li></ul>
<ul style="list-style-type: none"><li>• Excellent interpersonal skills to build relationships with a very wide range of people.</li></ul>
<ul style="list-style-type: none"><li>• Ability to work in a fast-changing environment.</li></ul>
<ul style="list-style-type: none"><li>• Ability to work through ambiguity and uncertainty and remain calm under pressure.</li></ul>
<ul style="list-style-type: none"><li>• A creative, self-starter with a bias towards action.</li></ul>
<ul style="list-style-type: none"><li>• Adaptable with a growth mind-set, open to feedback, learning and development.</li></ul>